

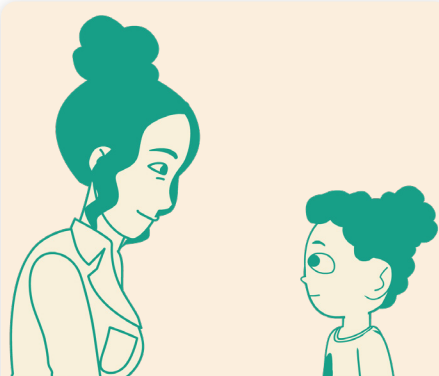
Supporting Parents with School Transition



Helping your child prepare for Secondary or High School

This article will support you with helping your child make that huge leap from primary to secondary or high school. We've included some tips to help build your child's confidence, resilience and self-esteem.

Read the full article at bit.ly/3LawPXE



Helping your child when they start or change primary school

This video and list of practical tips will help you understand what's going on when your child is facing change so you can support them to adjust whilst also looking after your own wellbeing.

Read the full article at bit.ly/3HkGMAJ



Help your child manage separations and goodbyes

This article and video looks at why children might experience separation difficulties, how you might be feeling as a parent, and suggests things you can try to help your child manage separations and goodbyes.

Read the full article at bit.ly/448VnZQ

Head to Place2Be's Parenting Smart site for more videos, guidance and practical tips to support children's wellbeing and behaviour.

Take a look through our topics for answers to some common parenting questions.

parentingsmart.org.uk

