



Christ Church New Malden

Church of England Primary School



Relationships and Sex Education Policy

Committee responsible	Christian Ethos
Approval required by	Christian Ethos
Statutory or Recommended	Statutory
Frequency of review	Every 3 years
Date last reviewed	February 2023
Date of next review	February 2026
Display on website	Yes
Purpose	To provide safe and ordered school environment
Consultation	Staff, Governing Body

	Signed	Date
Headteacher		2 February 2023
Chair of Governors		2 February 2023

Christ Church New Malden CofE Primary School Relationships and Sex Education Policy

At Christ Church we provide an inclusive environment where all children learn and flourish in a setting shaped by Christian values and RSE is delivered within this context.

RSE policy

The Department of Education recommends that all primary schools should have a Relationship and Sex education programme tailored to the age and the physical and emotional maturity of the children. It should ensure that both boys and girls know about puberty and how a baby is born – as set out in Key Stages 1 and 2 of the National Science Curriculum.

Definition

According to the Relationship and Sex Education Guidance, RSE is 'lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships.'

Mission Statement

We believe that it is the responsibility of a good school to help pupils develop into responsible and caring adults, who are able to contribute positively to society. Relationships and Sex Education are a key factor in helping young people make affirming and responsible relationships and choices.

Values Framework

All Relationships and Sex Education will be delivered within the context of marriage and committed stable relationships to ensure that pupils understand that sexual intercourse should only take place within these contexts. Pupils will be made aware that:

- Children are best raised within a loving, secure and committed relationship
- Babies should be conceived only when the parents are ready and able to care for them and cope with the responsibility for life.
- Physical relationships should wait until a person is physically and emotionally mature.

Aims and Objectives

Contributing to the foundation of PSHE, our RSE programme aims to prepare young people for a future in which they:

- Have the confidence and self-esteem to value and respect themselves and others
- Communicate effectively
- Are empowered to deal positively with pressures to conform to media and peer pressure
- Are able to make informed decisions about sexually related matters and to have the confidence and knowledge to carry it through
- Understand the reasons for delaying sexual activity
- Avoid being exploited by or exploiting others
- Are able to identify risks and safety issues and to understand that all behaviour is a choice
- Know how the law applies to sexual relationships
- Know what the definition of consent is, how to show respectful behaviour to their peers and

where to report inappropriate behaviour.

Teaching Relationships and Sex Education

Relationship and Sex Education is taught through both a planned curriculum and other aspects of school life, via:

- Whole school elements – Certificate assembly, behaviour management, school rules, postcards home etc
- PSHE lessons (Christopher Winters Project)
- Circle Time
- Across the Curriculum, including but not limited to, Science and P.E.

Relationships and Sex Education will be led and delivered by teachers and other staff members. Children will then have a chance to ask questions to the teacher which are age appropriate to their learning. Teachers develop relationships with pupils and are accessible on an ongoing basis to follow up any questions they may have.

Programme Outline

At Christ Church New Malden we will use many resources and lessons from the Christopher Winters Project: Teaching RSE with Confidence. Each year group has a module under the Health and Wellbeing Strand: Sex and Relationships. This will form part of a PSHE programme which will also draw on other resources such as the 'Partnership for Children' PSHE resources.

Reception: Our lives

By the end of this module pupils should be able to:

- Understand some areas in which the children can look after themselves e.g. dressing and undressing
- Explain why it is important to keep clean
- Understand some basic hygiene routines
- Identify different members of the family
- Understand how members of a family can help each other

Year 1: Growing and Caring for Ourselves

By the end of this module pupils should be able to:

- Describe feelings to others
- Understand the importance of personal hygiene
- To know about how all families are different and how they can help each other
- To understand how children grow and change

Year 2: Differences

By the end of this module pupils should be able to:

- Describe the similarities and differences between boys and girls.
- Know the names for the main parts of the body (including anatomically correct terminology)
- Understand that new life requires a male and a female
- Identify some choices for a healthy lifestyle

- Know how males and females can have gender stereotypes.

Year 3: Valuing Differences and Keeping Safe

By the end of this module pupils should be able to:

- Explain sexual anatomical differences between males and females
- Saying no to what kind of physical contact is acceptable to them and how to respond if it isn't-
Recognise when and how to ask for help
- To resist pressure to do something that makes them uncomfortable
- To understand that all families are different and who they can ask for help

Year 4: Growing Up

By the end of this module pupils should be able to:

- Understand the process of growing from young to old and how people's needs change
- Describe some of the changes that happen at puberty
- Recognise and care about other people's feelings
- Understand that puberty is linked to reproduction
- To know that respect is an important part of all relationships

Year 5: Changes at Puberty

By the end of this module pupils should be able to:

- Describe how their body and feelings will change as they approach and move through puberty
- Personal hygiene and its importance during puberty
- Know when and understand why puberty takes place
- Recognise when and how to ask for help and advice

Year 6: Relationships and Reproduction

By the end of this module pupils should be able to:

- Recognise what constitutes a positive, healthy relationship.
- Be aware of the different types of relationships, including those between friends and families, civil partnerships and marriage.
- Describe the life process of reproduction in humans.
- Know that there are other means to having a baby (adoption, fostering)
- To understand that Religion can be a powerful influence on sexual attitudes and behaviour.

Assessment

Each module begins and finishes with an assessment for learning ideas to measure the children's understanding and knowledge before and after the module. The following can all contribute to assessment:

- children themselves through self-assessment and peer assessment
- teachers through observation and assessment of class work
- other adults such as teaching assistants and visitors

Monitoring and Evaluation

PSHE Co-coordinator will monitor planning, teaching and learning of PSHE regularly. This will take the form of light touch discussions with staff and children and a more in depth annual audit. There is also a whole school PSHE journal that class teachers will update with discussions, pictures or activities which can be used to monitor their understanding. The findings from monitoring will be used to help the leader guide future plans.

Resources

Cross-curricular resources, such as videos and photocopiable sheets are available on the server.

Specific Issues Statements

a. Use of outside speakers

When speakers are invited to deliver part of the Relationships and Sex Education, they must be given a copy of this policy with **particular emphasis given to the Values Framework** in which they will be expected to work. We will also draw their attention to the school policy on responding to children's questions. We will expect them to provide an outline of the issues covered in the session and access to any resources to be used. All Speakers must be DBS checked.

b. Staff Training

All teaching staff have access to a range of training courses for Relationship and Sex Education. Staff will be expected to ensure that their professional knowledge and skills are developed to a suitable level.

c. Parents

We acknowledge that the primary role in children's Relationship and Sex Education lies with parents and carers. We strive to build a positive and supporting relationship with the parents and carers of pupils at our school through mutual understanding, trust and co-operation.

Workshops and/or curriculum evenings will be provided for parents/carers to explain the issues covered and how they will be delivered in Years 5 and 6 and to share the resources that will be used.

d. Responding to Children's Questions

When children ask questions relating to areas of the Relationship and Sex Education they will be answered in an **age appropriate** way according to the following criteria:

- Questions will be answered in class where they relate directly to the lesson and where the answer is suitable for all children to hear.
- Questions will be answered individually where the teacher has ascertained that there is a genuine need to know and that the question has not been asked simply to shock or draw attention to the child but where the answer is, though within the boundary of this policy, not considered suitable for all children.
- Questions that are not deemed suitable for either of the above will, with the child's consent, be

referred back to parents for their direct permission before answering.

- Teachers will not answer personal questions about themselves.
- The Safeguarding Officer will be advised of any questions or comments raised that alert a member of staff that a child may be at risk. The Safeguarding Policy will then be followed.

e. The right to withdraw

The government has advised that there is no right to withdraw from Relationships Education at primary or secondary as it is believed the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught. Parents would have the right to withdraw their child from any element of sex education which is not covered by the statutory National Curriculum. Parents will be invited in Years 5 and 6 to view the materials which will be used to teach RSE. Parents wishing to exercise their right to withdraw should contact the class teacher initially and then the headteacher to discuss this and confirm their withdrawal in writing.